



MY VOICE: EMPOWERMENT GROUP

FOR GIRL-IDENTIFIED TEENS WHO HAVE COMPLETED
7TH AND 8TH GRADE IN SUMMER 2018

WEDNESDAYS 5-6 PM
JUNE 13 – AUGUST 22

(NO GROUP SESSION ON JULY 4TH)

Group members will learn about communication styles, friendship, dating and sexuality, healthy relationships, body image, physical and emotional wellness, drugs and alcohol, decision-making, and how to advocate for themselves.

SENTIER PSYCHOTHERAPY

670 Cleveland Avenue South • St. Paul, MN 55116

FACILITATED BY **SARAH SOUDER JOHNSON, MEd., LPCC**

CONTACT SJohnson@SentierTherapy.com TO ARRANGE A SCREENING

DETAILS sentiertherapy.com/group-therapy/girl-power-group.html
