## Support & Skills for Parents with Teens

Join with other parents to connect, learn skills, and feel equipped to support adolescent children and teens through a dynamic and potentially stressful time of life.

Group is offered quarterly.



**WWW.SENTIERTHERAPY.COM** (763) 913-8261

FACILITATED BY BECKY LAWYER, LPCC

Contact ellie@sentiertherapy.com for more information.

